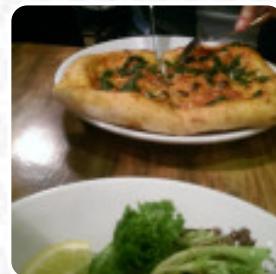




## Prego Menu

<https://menuweb.menu>

28 Castle St, East Cowes, United Kingdom  
+441983293737 - <http://www.pregoiow.uk>



Here you will find the [menu](#) of Prego in East Cowes. At the moment, there are **59** dishes and drinks on the menu. Located in East Cowes, this charming Italian restaurant offers beautifully prepared food for all dietary needs. With delicious gluten-free and [vegetarian](#) options, every meal is a hit. The attentive staff and cozy atmosphere make for a delightful dining experience. Whether dining in or taking away, this gem of a restaurant consistently delivers fresh, flavorful dishes. From the mouthwatering dough balls to the delightful pasta dishes, each bite is a culinary delight. With top-notch service and a warm ambiance, this is a must-visit spot for locals and visitors alike. Don't miss out on this hidden culinary treasure in [East Cowes](#).

# Prego Menu



## Desserts

CHOCOLATE CAKE

## Main Courses

LASAGNA

## Gnocchi

GNOCCHI

## Meat Dishes

MEATBALLS

## Side Dishes

GARLIC CHEESE BREAD

## Rice

RISOTTO

## Starters

MUSHROOM RISOTTO

## Mexican Dishes

CHILLI SAUCE

## Wine

HOUSE WINE

## Pizza Snacks

CHEESE BREAD

## Bread

GARLIC BREAD

## Sweets & Desserts

DULCE DE LECHE

## Handmade Pizza's

NDUJA

## Salads

COLESLAW

BLUE CHEESE SALAD

## Drinks

BEER

DRINKS

## Hot Drinks

COFFEE

TEA

## Dessert



WAFFLE

TIRAMISU

CHEESECAKE

## Pasta

SPAGHETTI FRUTTI DI MARE

PENNE

PASTA BOLOGNESE

SPAGHETTI BOLOGNESE

## Restaurant Category

MEDITERRANEAN

ITALIAN

VEGETARIAN



# Prego Menu

GLUTEN FREE

## Pizza

PIZZA CALZONE

PIZZA MARGHERITA

BBQ PIZZA

GARLIC PIZZA

VEGETARIAN PIZZA

## Ingredients Used



MUSHROOMS

PESTO

KING PRAWNS

PRAWNS

CHOCOLATE

BUTTER

PORK MEAT

GARLIC

CHEESE

SEAFOOD

MOZZARELLA

BACON

**These Types Of Dishes  
Are Being Served**



CHICKEN

NOODLES

BREAD

FISH

MEAT

SOUP

PASTA

SPAGHETTI

PANINI

SALAD

PIZZA

ICE CREAM

## Prego

28 Castle St, East Cowes, United Kingdom

### Opening Hours:

Monday 17:00-21:00

Tuesday 17:00-21:00

Wednesday 17:00-21:00

Thursday 17:00-21:00

Friday 17:00-21:00

Saturday 17:00-21:00

Made with [Menu](#)

